



MY LUNG CANCER CARE PLAN

MANAGE DIAGNOSIS

| TRACK TREATMENTS & APPOINTMENTS

| MONITOR SYMPTOMS



free to breathe
a partnership for lung cancer survival

**FREE TO BREATHE
SUPPORT LINE**

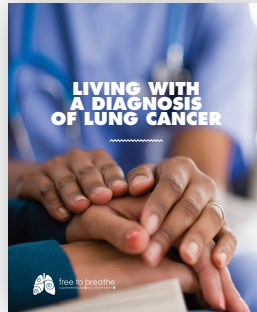
(844) 835-4325

A **FREE** resource for lung
cancer patients &
caregivers

We are Free to Breathe. We are a partnership of lung cancer survivors, advocates, researchers, healthcare providers and industry leaders.

We are united in the belief that every person with lung cancer deserves a cure.

To learn more about lung cancer, refer to our free educational patient booklet *Living with a Diagnosis of Lung Cancer*. Order your free copy at freetobreathe.org



Patient Information

Name: _____

Primary care doctor: _____

As applicable:

Medical oncologist: _____

Radiation oncologist: _____

Thoracic surgeon: _____

Nurse/Patient navigator: _____

Social worker: _____

Other: _____

Other medical conditions:

Date diagnosed: _____

Contact: _____

Contact: _____

Contact: _____

Contact: _____

Contact: _____

Contact: _____

Contact: _____

Known allergies:

About My Lung Cancer

Lung cancer type:

Small cell lung cancer (SCLC)

Non-small cell lung cancer (NSCLC)

Adenocarcinoma

Biomarker test results

EGFR T790M mutation

KRAS PD-L1

ALK BRAF mutation

ROS1 Other (fill in) _____

Squamous

Biomarker test results

PD-L1

Other (fill in): _____

Large cell

Stage:

Limited stage

Extensive stage

Stage:

IA IIIA

IB IIIB

IIA IV

IIB

Date of initial biopsy: _____

Date of follow-up biopsy: _____

Date of plasma test for EGFR mutations, including T790M: _____

Treatment Plan

Recommended treatment:

Surgery

Radiation

Immunotherapy

Chemotherapy

Targeted therapy

Other

Treatment notes:

Clinical trial recommended?

Yes

No

Potential clinical trials & notes:

Contact:

Surgery

Date scheduled: _____

Type: Wedge resection Lobectomy

Pre-surgery instructions:

Surgery notes:

Where to go: _____

Segmentectomy Pneumonectomy

Post-surgery instructions:

Radiation Therapy

Start date: _____

Where to go: _____

Radiation type: _____

Purpose:

End date: _____

Location in body: _____

Side effects to watch for:

Radiation therapy notes:

Side effects to watch for:

Therapy notes:

Clinical Trials

Find a clinical trial at freetobreathe.org/clinical-trials

Clinical trial contact: _____

Emergency/after-hours contact: _____

Study name & number: _____ Where to go: _____

Drugs involved: _____

What is being tested?

Clinical trial notes:

DOWNLOAD THIS RESOURCE at freetobreathe.org/care-plan

Additional Assistance Needed

Find helpful resources at freetobreathe.org/resources

The Free to Breathe Support Line is a FREE resource for patients & caregivers. Call us Monday-Friday between 8am-4pm CDT: **(844) 835-4325 toll-free**

- Caregiver support _____
- Complementary therapy _____
- Emotional/mental health _____
- Employee rights _____
- Exercise/physical therapy _____
- Fertility consultation _____
- Financial advice/assistance _____
- Insurance assistance _____
- Nutritional counseling _____
- Pain management _____
- Respiratory health _____
- Relationship counseling _____
- Sexual health _____
- Smoking cessation _____
- Other: _____

Symptom Tracker

Dates:	Symptom:	What was done to help:	Notes:
Example: <i>April 25-28</i>	<i>Shortness of breath</i>	<i>Doctor prescribed inhaler</i>	<i>Used as needed</i>

Dates:	Symptom:	What was done to help:	Notes:

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Dates:	Symptom:	What was done to help:	Notes:

Appointment Log

Appointment date/time: _____

Doctor: _____

Tests: *Date to be completed by* _____

Blood test

MRI/CT Scan

X-ray

Urine test

Location: _____

Other _____

Questions to ask (i.e.: treatments, new symptoms)

Answers to questions:

Appointment recap: _____

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We're always seeking ways to improve our resources for patients and families. If you have feedback on this booklet or any other patient resources from Free to Breathe, please write to info@freetobreathe.org, or call (608) 833-7905.

If you need support, call the Free to Breathe Support Line at (844) 835-4325 toll-free, Monday through Friday. It is a completely free resource for patients with lung cancer and their families. Learn more at freetobreathe.org/support.

FOR ADDITIONAL PATIENT RESOURCES visit freetobreathe.org

This resource provided with support from **AstraZeneca** 



we are
FREE TO BREATHE

Free to Breathe | 1 Point Place, Suite 200 | Madison, WI 53719
P (608) 833-7905 | F (608) 833-7906 | freetobreathe.org
Free to Breathe Support Line: (844) 835-4325 toll free

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